

## **Ann Frost, PT, MPT, CLT, WCS**

### **Continuing Competence**

**Integrating Science and Practice in the Rehabilitation of the Neurologically Involved Patient.** Chuck Leonard, PT, PhD. San Diego, CA. April 12-13, 1996.

**PNF Gait,** Chris Pappas, PT, Marin, CA, April 26, 1996.

**Motor Learning Principles Applied to PNF.** Linda Treml, MHS, PT, Gail Widener, PhD, PT. Oakland, CA. April 20-23, 1996.

**Using NDT Principles to Improve Gait for Adults with Hemiplegia,** Bonnie Jenkins-Close, PT, Diane Conti Pacholski, PT, Los Gatos, Nov. 7-9, 1996.

**Mobilization of the Nervous System,** David Butler, PT, GDAMT, Torrence, CA, May 10-11, 1996.

**Craniosacral Therapy I,** Signy Erickson, DC, CST-D, San Francisco, May 7-10, 1997.

**Maitland Australian Spinal Workshop, Level 2,** Robert Sprague, PT, PhD, GDAMT, San Francisco, CA, May 29-31, 1997.

**Strain/Counterstrain I for the Spine,** Randall Kusonose, PT, OCS, Soutoh Lake Tahoe, CA, March 27-30, 1999.

**Lumbo-Pelvic Integration,** Kent Keyser, PT, OCS, San Francisco, CA, Aug. 19-22, 1999.

**Complex Regional Pain Syndromes,** Russell Foley, PT, Hayward, CA, Sept. 25-26, 1999.

**The Lymphatic System, Level One: Congestion Therapy;** Sharon Weiselfish-Giammatteo, PhD, PT; San Francisco, Mar. 31-April 2, 2000.

**Visceral Manipulation IA,** Dee Ahern, PT, San Francisco, CA, Oct. 1-4, 2000.

**An Introduction to the Management of Breast Cancer Lymphedema: An Integrated Approach,** Linda Miller, PT, Chicago, Nov. 30-Dec. 3, 2000.

**Visceral Manipulation IB,** Gail Wetzler, PT, San Francisco, CA, Jan. 6-9, 2001.

**Advanced Breast Cancer Lymphedema Management: Taking Treatment One Step Further**, Linda Miller, PT, Philadelphia, June 28-July 1, 2001.

**The Complicated Patient—Treatment Strategies to Successfully Manage Difficult Patients**; Kevin Wilk, PT, Honolulu, Nov. 16-17, 2002. 13 hours

**Advances and Controversies in Breast Cancer**, multiple presenters: Della Lin, Lynn Hartmann, John Lederer, R. James Brenner, D. Thompson, Charles Balch, MD, Honolulu, Nov. 23, 2002. 4 hours

**Advances and Controversies in Breast Cancer Prevention and Treatment**, Honolulu; multiple presenters; Oct 2-3, 2003. 15.8 hours

**Mulligan Concept—An Introductory Course on Mobilizations with Movement, Nags, Snags, and More**; Brian Mulligan, FNZSP; Nov. 22-23, 2003; Honolulu.

**Female Pelvic Floor Function, Dysfunction, and Treatment, Level 1**, Hollis Herman, PT and Kathe Wallace, PT, Sacramento, Jan. 23-25, 2004.

**APTA Combined Sections Meeting**; various presenters; women's health focus. 2005.

**Safe Yoga for Osteoporosis**; Sara Meeks, PT, MS, GCS, Union City, CA, March 13-14, 2005.

**The Thorax**; Diane Lee, PT, Honolulu, April 14-15, 2005. 16 hours

**Lymph Drainage Therapy I**; Bruno Chikly MD. Maui, July 22-25, 2005. 24 hours

**Lymph Drainage Therapy II**; Molly Clark, PT, Big Sur, CA, Oct. 11-15, 2005. 24 hours

**Clinical Application of Real Time Ultrasound Imaging: Lumbopelvic Dysfunction**; Jackie Whittaker, BscPT, Feb. 23, 2005: New Orleans. 6.5 hours

**APTA Combined Sections Meeting**, Feb. 24-27, 2005: New Orleans, 25 hours

**Female Pelvic Floor Function, Dysfunction and Treatment, Level 2**; Hollis Herman, PT, Kathe Wallace, PT, Apr. 21-23, 2005: Honolulu, 20 hours.

**Myofascial Mapping**, Sharon Giammatteo, PT, Aug. 30, 2005: Honolulu, 6.5 hours

**Visceral Manipulation IV, the Thorax**, A. J. de Koning, Sept. 8-11, 2005; San Francisco, CA 26 hours

**Solving the Mystery of Adhesive Capsulitis**, Dora Partridge, PT, Apr. 7-8, 2006. Milpitas, CA. 14 hours

**Certification Course for Lymphedema**; Ann Elise Kryszak, OTR, Comprehensive Lymphedema Management for American Health Care, Sept. 9-12, 2006: Honolulu, HI. 32 hours.

**Gynecologic Visceral Manipulation**, Gail Wetzler, PT, Oct. 5-8, 2006: Pomona, CA

**Pelvic Floor III: Function, Dysfunction, and Treatment**; Hollis Hermann, PT and Kathe Wallace, PT; Jan. 26-28, 2007: Seattle, WA

**APTA State Gov't Affairs Forum**, Aug. 23-25, 2007: Santa Fe, 14.5 hours

**Visceral Manipulation IV: The Thorax**; Seattle; Lisa Brant-Grady. D.C., Oct. 4-7, 2007: 26 hours

**Advanced Medical Screening**, Robert Duvall, PT; Oct. 20-21, 2007: Honolulu. 12 hours

**Leadership and Strategic Planning Workshop** with Janet Peterson APTA BOD, HAPTA, Jan. 19, 2008

**APTA Combined Sections Meeting**, Nashville, Leadership Track; Feb. 6-9, 2008: 18 hours.

**Urogynecology Update**, QCC, Dr. John DeLancey, Feb. 29, 2008. 6.5 hours

**Visceral Manipulation Listening Techniques**, Gail Wetzler, PT, San Francisco, Sept. 12-14, 2008. 19.5 hours

**Evidence-Based Neuropathic Pain, Walk the Line: Managing Pain**, Dr. Daniel Fischberg, Nov. 11, 2008, QMC

**Discover the Sports Pelvis: The Role of the Pelvis in Recurrent Groin, Knee, and Hamstring Pain and Injury**, Diane Lee, PT, Nov. 15-17, 2008: 2.0 hours

**Combined Sections Meeting**, APTA, leadership track, Feb 9-12, 2009

**Gene-Environment Interaction and Immunotherapy**; multiple presenters, Honolulu, Feb. 17-18, 2009: 13.75 hours

**Annual Conference**, APTA leadership track, June, Baltimore, June 7-8, 2009

**APTA State Government Affairs Forum**, Phoenix, AZ. APTA, 14.6 hours

**APTA Combined Sections Meeting**, Leadership Track 2/17-2/18, 2010. Women's Health lectures 2/19, San Diego, CA, 12 hrs

**Queen's Conference on Geriatric Medicine, "Sex, Drugs, and Rocking Chairs"**, multiple speakers, 4/22/10: 6.75 hours

**Breast Imaging Biopsy Lecture Series**, Dr. John Pearce, QMC WHC, 4/30-5/28/10: 4 hours.

**Diagnosis and Treatment of Movement Impairment Syndromes of the Lower Quarter**, Dr. Shirley Sahrman, Honolulu, May 15-16, 2010; 12 hours

**APTA Combined Sections Meeting**, Feb. 9-11, 2011. New Orleans, LA: multiple on leadership and women's health

**Application of Movement Impairment Syndrome Concepts**, Shirley Sahrman, PT, PhD, FAPTA, May 14-15, 2011. Honolulu, HI. 14 hours

**Sex in the City: What's Working**, ONS Annual Conference, multiple presenters, Aug. 20, 2011. Honolulu, HI.

**West Hawaii Cancer Symposium**, multiple presenters, Sept. 2-3, 2011. Kona, HI.

**APTA State Policy and Payment Forum: Legislative Track**, Oct. 14, 2011. Austin, TX. Multiple speakers. 13 hours.

**Pregnancy and Postpartum**, Oct. 5-6, 2011. Honolulu, HI. Hollis Herman, PT. 15 hours.

**Linked: Breathing, Posture, and the Pelvic Floor**, Feb. 6-7, 2012. Chicago, IL. Mary Massery, PT. 15 hours.

**APTA Combined Sections Meeting**, Feb 9-11, 2012. Multiple speakers. Chicago, IL.

**Gynecologic Oncology Conference**, April 20, 2012. Honolulu, HI. Multiple speakers. 5.75 hours.

**Application of Movement Impairment Syndrome Concepts**, May 5-6, 2012. Shirley Sahrman, PT, PhD, FAPTA. Honolulu, HI. 12 hours.

**AASECT Annual Conference**, American Association of Sexuality Educators, Counselors and Therapists, June 7-10, 2012. Austin, TX. 20 hours.

**World Meeting on Sexual Medicine**, Aug. 26-30, 2012. Chicago, IL 15.5 hours.

**Digestive Diseases Conference**, Sept. 22, 2012. Honolulu, HI. 6 contact hours.

**Annual Meeting of Women's Health Physical Therapists**, Oct. 27-28, 2012. Including Talli Rosenbaum on Mindfulness and Sexuality. Lisbon, Portugal. 14.25 hours.

**Gynecologic Surgical Complications: Prevention, Recognition, and Management**, April 26-27, 2013. Multiple speakers. Honolulu, HI. 6.5 hours.

**First Annual Cancer Rehabilitation Symposium**, May 31-June 1, 2013. Multiple speakers. Memorial Sloan-Kettering Cancer Center, New York, NY. 14 hours.

**45<sup>th</sup> Annual Meeting of the International Continence Society**, Aug. 26-30, 2013. Multiple speakers. Barcelona, Spain.

**The Pelvic Girdle—Understanding the Role of the Pelvis in Whole Body Function using the Integrated Systems Model for Pain and Disability**, Feb. 7-9, 2014. Diane Lee, PT. Honolulu, HI.

**Manual Therapy for the Oncology Patient**, Jan. 1, 2015. APTA Learning Center. 3 hours.

**47<sup>th</sup> Annual Meeting of the International Continence Society**, Oct. 6-9, 2015. Multiple speakers. Quebec, Montreal. 19 hours.

**Visceral Manipulation III: the Pelvis**, Nov. 12-15, 2015. Gail Wetzler, PT. San Francisco, CA. 24 hours.

**New Advances in Management of Male Continence**, Feb. 17, 2016. Paul Hodges. Combined Sections Meeting, Anaheim, CA. 7.5 hours.

**APTA Combined Sections Meeting**, Feb. 18-20, 2016. Various speakers. Anaheim, CA. 18 hours.

**Female Pelvic Girdle and Pelvic Floor Connections: External Exam and Treatment Techniques for Orthopedic Patients**, Oct. 29-30, 2016. Kathe Wallace, PT. Honolulu, HI. 15 hours.

**Annual Conference American Academy of Sexuality Educators, Counselors, and Teachers**, June 15-18, 2017, Las Vegas, NV. 12.5 hours.

**Oncologist's Approach to Palliative Treatment in Older Adults with Breast Cancer**, April 13, 2017. Arti Huria, MD. Honolulu, HI. 1 hour.

**Scrape, Tape, and Move**, Jul. 29, 2017. Barbara Wan, PT. Honolulu, HI 8.5 hours.

**Manual Therapy for the Pelvis**, May 25-27, 2018. Paris, France. Nessia Fellman, PT. 21 hours.

**The Importance of the Gut Microbiome and the Impact That It Can Have on Our Patients**, July 31, 2018. APTA Online course. 2 hours.

**Hawaii Physical Therapy Ethics and Jurisprudence**, Nov. 27, 2018. AdvantageCEU's.com. 2 hours.

**Endometriosis: What Physical Therapists Need to Know**, Jan. 23, 2019. Michelle Lyons, PT. Washington, DC. 10 hours.

**APTA Combined Sections Meeting**, Jan. 23-26, 2019. Women's health, oncology, and orthopedic programming. Washington, DC. 18 hours